

# How to Access the Global Lyme Alliance K-12 Lyme Disease Prevention Curriculum:



Go to the Global Lyme Alliance website at [www.gla.org/curriculum](http://www.gla.org/curriculum). These instructions and links are also available online at [www.VTLyme.org](http://www.VTLyme.org).

- ✓ Below the introduction is the headline, "Free Lyme Disease Prevention Student Curriculum and Teachers Workbooks" and three images. The image on the left is for the free workbook and printables, and the one in the center is for the interactive digital curriculum.
- ✓ You will be asked to enter some basic information – this will NOT be shared with a third party
- ✓ The Global Lyme Alliance's Lyme prevention and education resources will then be available for you to access for your classroom.
- ✓ Please email us at [info@vtlyme.org](mailto:info@vtlyme.org) to give us your feedback on the curriculum!

Schoolchildren in Vermont are at high risk for contracting a tickborne disease. According to the CDC, the highest Lyme disease infection rates occur in children, ages 5 to 14. Of the over 300,000 people infected in the U.S. each year, one in four is a child.

**In addition to well-known symptoms such as joint pain, fever, and a "bull's-eye" rash\*\* children may have a unique presentation of tickborne disease, including:**

- Mood Swings
- Vision Problems
- Headaches and Stomachaches
- Hyperactivity/ADHD Symptoms
- Autism-like Behaviors
- Oppositional Behaviors
- Self-Mutilating Behaviors
- Learning Disabilities
- Trouble with Processing Speed and Memory
- Vocal/Motor Tics
- Sudden Onset Anxiety Disorders
- Light and Sound Sensitivity
- Difficulty Focusing
- Obsessive Compulsive Behaviors
- Dark circles under eyes
- Irregular Rashes
- Lethargy
- Sudden Changes in Behavior

\*\*The Vermont Department of Health's 2014 Lyme Surveillance Report showed less than half of Vermont children with a confirmed case of Lyme disease had a "Bulls-Eye" rash.

**Prevention and early diagnosis** will help Vermont's children stay healthy and prevent long-term health complications from a tickborne disease. We know how much is asked of you in the classroom, so thank you for doing your part to help Vermont kids prevent Lyme disease! If you have any questions, or would like to schedule a presentation in your school about Lyme and tickborne diseases in Vermont, please contact us through our website: [www.VTLyme.org](http://www.VTLyme.org).