How To Do A Tick Check

Inspect every part of a child’s body for ticks. Ticks love warm, dark places.

Ticks can be as small as a poppy seed!

Teach children to notify a teacher or other adult if they are bitten by a tick.

Learn to remove ticks safely. Do NOT use petroleum jelly, nail polish, or matches!

Call the child’s pediatrician to report the tick bite.

Ticks in Vermont can spread serious diseases. Always check children for ticks, and watch for symptoms of a tickborne illness.