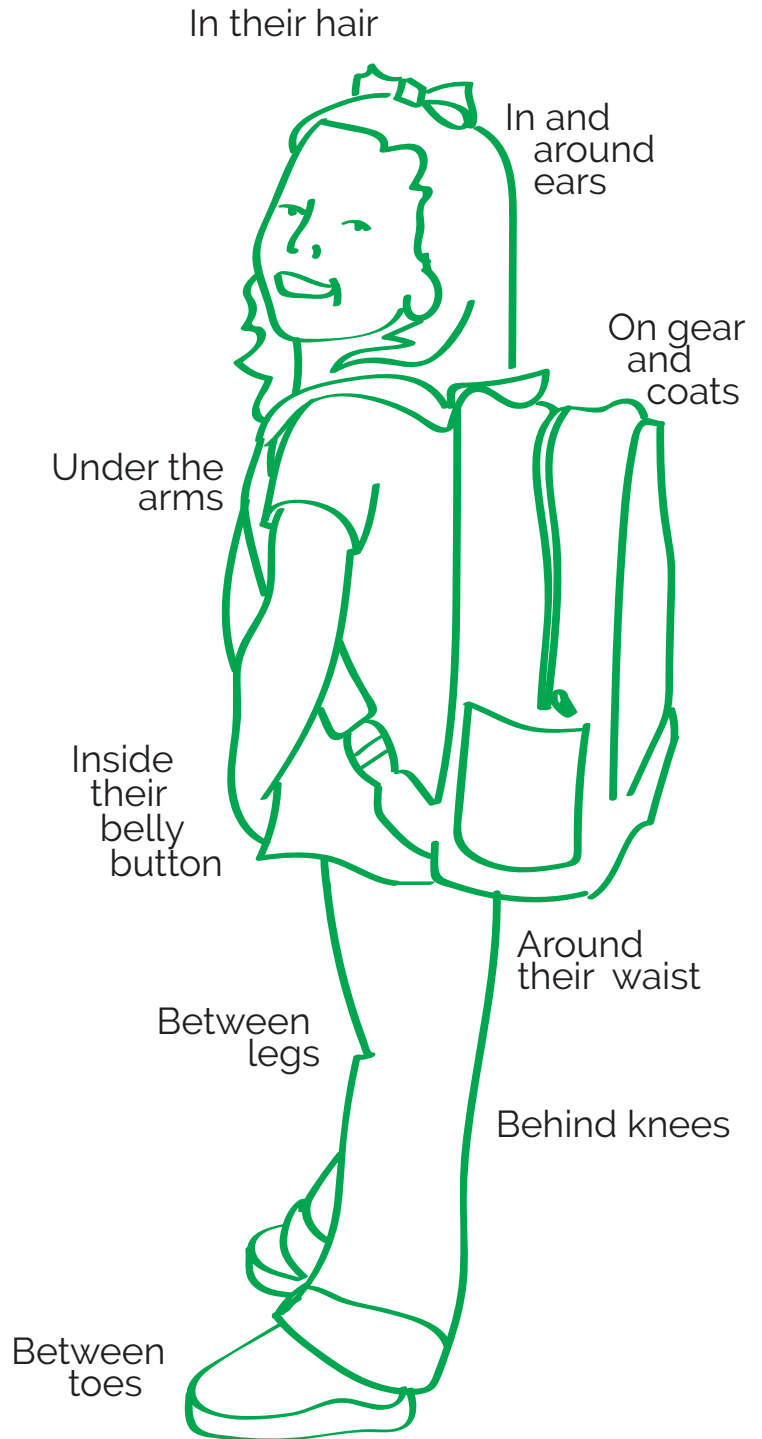


# How To Do A Tick Check

- Inspect every part of a child's body for ticks. Ticks love warm, dark places.
- Ticks can be as small as a poppy seed!
- Teach children to notify a teacher or other adult if they are bitten by a tick
- Learn to remove ticks safely. Do NOT use petroleum jelly, nail polish, or matches!
- Call the child's pediatrician to report the tick bite



Ticks in Vermont can spread serious diseases. Always check children for ticks, and watch for symptoms of a tickborne illness.